

HIV & Disclosure

A series of workshops for people living with HIV



Waverley Care

making a positive difference

How do I talk to others about my HIV?

These workshops could be for you:

Disclosure and intimate relationships

Saturday 28th January 2012

Disclosure and children

Saturday 18th February 2012

Developed in conjunction with the UK Family Project

Disclosure, family and friends

Saturday 17th March 2012

Disclosure and the workplace

Saturday 14th April 2012



Attend just **one workshop**, all **four**
OR **'mix and match'** – the choice is
yours.

Times: 1.30pm – 5.00pm

Location: Waverley Care
3 Mansfield Place
Edinburgh EH3 6NB

Cost: Free

These workshops will provide an opportunity to:

- Discuss your hopes and fears about talking about your HIV status
- Meet other people facing the same issues and share experiences
- Gain new skills, knowledge and ideas about how to approach disclosure
- Find out about your rights and responsibilities
- Have your questions answered

All in a safe and confidential environment.

The workshops are open to anyone living with HIV regardless of age, gender, sexuality or ethnicity. The sessions will be facilitated by Waverley Care's specialist staff.

Each workshop will look at how to talk about your HIV status in different contexts and with different people.

We'd love to see you there and so are happy to help as much as we can with travel costs and childcare. Please let us know if this would be useful to you.

Tea, coffee and treats will be available throughout the afternoons!

To book a place or ask any questions please contact Maro or Angela on 0131 558 1425, or email:

maro.mcnab@waverleycare.org

angela.parsons@waverleycare.org

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THE MAKE A DIFFERENCE TRUST

Waverley Care is Scotland's leading charity providing care and support to people living with HIV or Hep C



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