

what's on

Activities, Events and Support Groups

May - August 2010

Days at a glance ...

Mondays

Counselling	Contact: David 0131 558 1425	Mondays By Appointment	Mansfield Place Edinburgh
Children & Families Outreach Support	Contact: Nichola or Lynne 0131 558 1425	Mondays 9am - 2pm By Arrangement	Mansfield Place Edinburgh or by arrangement
Mixed Support Group	Contact: AHP Glasgow 0141 333 9393	3rd Monday of each Month	Renfield Centre Glasgow
Reiki or Sports Massage	Practitioner: Ian Gemmel Contact: Gabrielle or Allison 0131 558 1425 or 0131 441 6989	Mondays 6 - 7.30pm By Appointment	Milestone Edinburgh
Women's Support Group	Contact: AHP Glasgow 0141 333 9393	1st Monday of each Month	Renfield Centre Glasgow

Tuesdays

Drop-In	Contact: AHP Glasgow 0141 333 9393	Tuesdays 2pm - 5pm	Renfield Centre Glasgow
ISIS: Women's support group	Contact: Gabrielle 0131 558 1425	Tuesdays 1pm - 3.30pm	Mansfield Place Edinburgh
Massage Therapies	Contact: AHP Glasgow 0141 333 9393	Tuesdays 2pm - 5pm	Renfield Centre Glasgow
One to One Support	Contact: AHP Glasgow 0141 333 9393	Tuesdays 10am - 1pm	Renfield Centre Glasgow
Yoga	Practitioner: Eleanor O'Donnell Contact: Gabrielle 0131 558 1425	Tuesdays 5.15pm - 6.45pm	Mansfield Place Edinburgh

Supporting people living with HIV and Hepatitis C in Scotland

www.waverleycare.org

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Scottish Charity No. SC036500

Company Limited by Guarantee No. 253043

Wednesdays

Activities	Contact: Milestone 0131 441 6989	Wednesdays 2pm - 4pm	Milestone Edinburgh
Counselling	Contact: David 0131 558 1425	Wednesdays By Appointment	Mansfield Place Edinburgh
Men's Group	Contact: Charlie 0131 441 6989	Wednesdays 1pm - 3pm	Milestone Edinburgh
Young People's Group (12-16 years old)	Contact: Nichola 0131 558 12425	Wednesdays 4pm - 6pm	Mansfield Place Edinburgh

Thursdays

Drop-In	Contact: AHP Glasgow 0141 333 9393	Thursdays	Renfield Centre Glasgow
Gardening group	Contact: Charlie 0131 558 1425	Thursdays 1pm-3pm	Milestone Edinburgh
One to One Support	Contact: AHP Glasgow 0141 333 9393	Thursdays	Renfield Centre Glasgow
Reiki	With Jackie Cohen Contact: Milestone or Allison 0131 441 6989 or 0131 312 9952	Thursdays afternoons By Appointment	Milestone Edinburgh
Women's Group	Contact: Jackie or Avril 0131 441 6989	Thursdays 1pm - 3pm	Milestone Edinburgh
Walking Group	Contact: Gabrielle 0131 558 1425	3 Thursday afternoons each month at varying times	Various
Young People's Group (9-11 years old)	Contact: Nichola 0131 558 1425	Thursdays 4pm - 6 pm	Mansfield Place Edinburgh

Fridays

Allotment	Contact: Gabrielle or Allison 0131 558 1425 or 0131 441 6989	Fridays By Arrangement	Bridgend Allotment Edinburgh
Children's Group (4-8years old)	Contact: Nichola 0131 558 1425	Fridays 1pm - 3.30pm	Mansfield Place Edinburgh
Community Event Soup and sandwiches served	Contact: Charlie or Tricia	1st Friday of the month 11am - 1pm	Milestone Edinburgh
Poz Youth	Contact: Lynne 0131 558 1425	1st Friday of the month 4.30pm - 7pm	Renfield Centre Glasgow
Drop-In	Contact: Nathan 07853041130	Fridays 1-3pm	AHP Motherwell

Saturdays

African Support Group	Contact: Marion or Kapulu 0131 441 6989 or 0131 558 1425	Last Saturday of month 2 - 4pm	Milestone Edinburgh
Walking Group	Contact: Gabrielle 0131 558 1425	3rd Saturday of each month Varying times	Various

Months at a glance ...**May**

Allotment	Contact: Gabrielle 0131 558 1425	By Arrangement	Bridgend Allotment, Edinburgh
African Support Group	Contact: Marion or Kapulu 0131 441 6989 or 0131 558 1425	Saturday 29th May 2 - 4pm	Milestone Edinburgh
Children's Residential	Contact: Nichola or Lynne 0131 558 1425	Monday 10th May to Friday 14th May	Scottish Highlands
Community Event Soup and sandwiches served	Contact: Charlie or Tricia 0131 558 6989	Friday 7th May 11am - 1pm	Milestone Edinburgh
Gay Men's Group	Contact: Neil 0131 558 1425	Meets most weeks at various times	Edinburgh
Sexual Health, whose responsibility? An ethical discussion Limited places, please register	Contact: Marion 0131 558 6989	Thursday, 6th May 3 - 5pm	Festival Theatre Edinburgh

June

Allotment	Contact: Gabrielle 0131 558 1425	By Arrangement	Bridgend Allotment, Edinburgh
Community Event Soup and sandwiches served	Contact: Charlie or Tricia 0131558 6989	Friday 4th June 11am-1pm	Milestone Edinburgh
Gay Men's Group	Contact: Neil 0131 558 1425	Meets most weeks at various times	Edinburgh
Outreach Bi-Monthly outing Ratho Barge Trip	Contact: Charlie 0131 441 6989	Thursday 17th June	Leaving from Milestone, Edinburgh
Service User Forum & Social	Contact: Karen or Rik 0131 558 1425	Saturday 26th June	Edinburgh
Young People's Residential	Contact: Nichola or Lynne 0131 558 1425	Friday 25th June to Monday 28th June	Berwickshire

July

Allotment	Contact: Gabrielle 0131 558 1425	By Arrangement	Bridgend Allotment, Edinburgh
African Support Group	Contact: Kapulu or Marion 0131 558 1425 or 0131 441 6989	Saturday 31st July 2 - 4pm	Milestone Edinburgh

July

Community Event -	Contact: Charlie or Tricia 0131 441 6989	Friday 2nd July	Milestone Edinburgh
Gay Men's Group	Contact: Neil 0131 558 1425	Meets most weeks at various times	Edinburgh
Summer Playscheme	Contact: Nichola or Lynne 0131 558 1425	Tuesdays to Friday 10am - 3.30pm 6th July – 9th July 13th July – 16th July 20th July – 23rd July 27th July – 30th July	Mansfield Place Edinburgh

August

Allotment	Contact: Gabrielle 0131 558 1425	By Arrangement	Bridgend Allotment, Edinburgh
African Support Group	Contact: Kapulu or Marion 0131 558 1425 or 0131 441 6989	Saturday 28th August 2 - 4pm	Milestone Edinburgh
Community Event -	Contact: Charlie or Tricia 0131 441 6989	Friday 6th August	Milestone Edinburgh
Gay Men's Group	Contact: Neil 0131 558 1425	Meets most weeks at various times	Edinburgh
Outreach Bi-Monthly outing	Contact: Charlie 0131 441 6989	TBC	Leaving from Milestone, Edinburgh

Contacts

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African Health Project Glasgow

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