

# Supporting people in Scotland living with HIV and Hepatitis C

A **supporter's** introduction to our services



**Waverley Care**  
making a positive difference

“Waverley Care has been my family and given me the support to cope with my HIV diagnosis. Without this I do not think I would have survived.”

“For me it is a comfy place where I can take off the face I wear for the outside world and be myself.”

**Waverley Care** is Scotland’s leading charity providing care and support to people living with HIV and Hepatitis C and to their partners, children and families.

The support offered by Waverley Care has helped thousands of people cope with the practical and emotional challenges that a diagnosis of HIV or hepatitis C brings. The work of the charity extends to support people across Scotland and continues to grow.

HIV is an incurable medical condition. Unlike other medical conditions, a diagnosis of HIV brings with it not only issues of poor health and a lifetime of medication and hospital visits, but also individuals face social exclusion, stigma and discrimination. As a result of this discrimination, someone living with HIV will often cut themselves off from others and this lack of contact and support regularly leads to feelings of isolation and depression.

At Waverley Care we believe every person has a right to be cared for, loved and respected, whether they are HIV/Hep C positive or not.

From facilitating peer support to counselling and help with job applications, our work aims to challenge stigma and discrimination, helping people living with HIV or hepatitis C to enjoy the same opportunities in life as any of us.



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## Our Services

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We have operational sites in Edinburgh, Glasgow and Lanarkshire and our outreach work extends across Scotland. Below is a summary of the services we offer:

### Short-term Residential Intensive Support

#### Support Services for all, including specialist services for

- Africans
- Children and Young People
- Gay Men
- People affected by Drug Misuse
- Women

### Prevention and Awareness Raising

### Community Projects and Support Services including

- Advocacy and Information
- Arts Project
- Befriending/Buddying
- Complementary Therapies
- Counselling
- Crusaid Hardship Fund Administration
- Health Promotion
- Outreach and Support
- Skills and Employment
- Spiritual and Pastoral Care



# Supporting Our Work

Please complete this form if you would like to know more about, or support, our work.

Forename(s)  Surname

Address

Postcode

Email  Phone

## I would like to:

receive quarterly newsletters to hear more about Waverley Care's work

give a single gift of £25  £50  £100  other £

(please make cheques payable to 'Waverley Care' or complete the credit card details below - a £1 fee to cover costs will be added to credit card payments)

Credit Card No.  /  Expiry Date  /

give a regular donation

To the manager of  (bank) Address

Postcode

Bank Sort Code  /  /  Account No.

Please pay Waverley Care, Royal Bank of Scotland, 61 Forrest Road, Edinburgh EH1 1QP (Sort Code 83-19-09, Account No. 00286995) the sum of

£  monthly starting on  /  /20  until further notice.

With Gift Aid for every £1 you give Waverley Care can get an extra 28p from HM Revenue & Customs at no cost to you\* (\*see reverse)

*giftaid it*

I wish to treat all donations I make to Waverley Care as Gift Aid donations until I notify you otherwise. (Please Tick)

Signature  Date  /  /20

Please return this form to: **FREEPOST RSBX-RZUK-EBRZ, Waverley Care  
1 Mansfield Place, Edinburgh EH3 6NB**

Waverley Care will process your personal information for administration purposes, to further our charitable aims and to keep you updated with our work. We will not share your information with any other agencies or organisations.



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## How You Can Help

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To be able to provide our services we have to fundraise over **£350,000** every year.

**There are many ways that you can help Waverley Care - just complete the form over the page to:**

- Make a one off gift
- Make a regular monthly donation
- Sign up to receive our quarterly newsletter and hear more about our work and about our fundraising activities and events.



**This is what your gift can provide:**

**£25** can provide a Spiritual and Pastoral Care Session to offer spiritual support for an individual affected by HIV of any faith or of no faith.

**£50** can train a Buddy Volunteer. Buddies provide one-to-one support and friendship to people living with HIV. Support is much needed as being HIV positive commonly brings with it feelings of isolation and depression.

**£100** can offer One-to-One Emotional Support for a Child affected by HIV over a four week period, liaising with parents, social workers and school to ensure the best all-round support for the child.

\* Waverley Care will claim Gift Aid tax relief of 25p on every £1 you give. For Gift Aid donations made from 6 April 2008 until 5 April 2011, the Inland Revenue will also be operating transitional provisions, paying a Government supplement of 3p per £1. This means, in total, Waverley Care will receive an additional 28p on every £1 you give. You must pay an amount of UK Income Tax, and/or Capital Gains Tax, at least equal to the tax that we will reclaim on your donations.

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## Volunteering and Buddying

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Volunteers & Buddies play a key part in Waverley Care's work.

We rely heavily on volunteers to be able to offer our services to people living with HIV and hepatitis C. Volunteers carry out a wide range of roles from Buddying (providing friendship and one-to-one support) to reception/administration tasks, gardening and fundraising right through to offering complementary therapies.

If you are interested in becoming a volunteer in Edinburgh, Glasgow or Lanarkshire please contact:

Tel: 0131 556 9710

Email: [fund@waverleycare.org](mailto:fund@waverleycare.org)



For further information contact:

**Waverley Care, 3 Mansfield Place, Edinburgh EH3 6NB**

**Tel: 0131 556 9710**

**Email: [fund@waverleycare.org](mailto:fund@waverleycare.org) Web: [www.waverleycare.org](http://www.waverleycare.org)**

