

2010
Annual Review



Waverley Care ²¹
making a positive difference



Our Vision

Waverley Care's vision is that everyone affected by HIV, AIDS and Hepatitis C in Scotland should receive the highest standards of care and support to lead independent and fulfilling lives.

Our Mission

Our mission is to make a significant and meaningful difference to the lives of people affected by HIV, AIDS and Hepatitis C. We do this through the provision of high quality supportive services, and by campaigning for excellence in blood borne virus treatment and care, and for an end to stigma and discrimination surrounding these conditions.

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“We need to break the silence, banish stigma and discrimination in the struggle against AIDS; those who are infected with this terrible disease do not want stigma, they want love.”

Nelson Mandela

Closing speech, 13th International AIDS Conference,
Durban, July 2000

About Waverley Care

Waverley Care is Scotland's leading charity providing care and support to people living with HIV, AIDS and Hepatitis C and to their families, carers and children.

Established in 1989, the support offered by the charity has helped thousands of people cope with the practical and emotional challenges that an HIV or Hepatitis C diagnosis brings with it.

Over the years our services have expanded to help people affected by Hepatitis C and have most recently focused on providing specialist support to groups already discriminated against by society such as Africans, gay men and drug users, individuals who, once diagnosed with HIV or Hepatitis C, face double discrimination.

Introduction

Welcome to Waverley Care's Annual Review for the financial year April 2009 to March 2010 in which we also celebrate 21 years of providing dedicated services to people living with HIV or Hepatitis C. In 1989 HIV was a frightening disease and Hepatitis C was only in that year conclusively confirmed to exist. Little was known about either virus and medications that could significantly improve the conditions did not emerge until the mid 1990's.

“Over the years HIV has taken a heavy toll on Edinburgh, but it would have been so much worse without the work of Waverley Care.”

Iain Gray MSP

Our early work was characterised by loss. Milestone provided palliative and end of life care and our community services, then based at Solas, were concerned with preparing people for coming losses. We worked with children facing the loss of one or two parents; adults facing the loss of a partner, parents the loss of a child and, of course, we worked with the many people facing the loss of their own futures.

In 21 years, HIV, and to a lesser extent Hepatitis C, have been transformed in the UK by the introduction of anti-viral treatments. Waverley Care's services have constantly adapted to reflect this. Milestone now offers short-term respite care and community support. Our community services focus on living well with HIV or Hepatitis C, helping people to manage their condition in better ways and to acquire the skills people now need to live in the 21st century. But some things sadly do not change. HIV and Hepatitis C are both highly stigmatised conditions. People still feel unable to talk openly about living with what are extremely debilitating and potentially fatal conditions because of fears about how they will be treated by their fellow citizens.

We are proud of Waverley Care's achievements over the last 21 years and we are proud of the volunteers and staff who have made those achievements possible. This Annual Review gives a flavour of how we have developed over that time and how services have adapted to meet changing needs. We acknowledge that there remains much to be done and look forward to the challenges of the next 21 years.



Tom Wood

Tom Wood Convenor



David Johnson

David Johnson Director

Our Services

Waverley Care provides care and support to people affected by HIV and Hepatitis C. Whether someone is living with HIV or Hepatitis C or are the partner or family member of someone affected by these conditions, we have services that can support them and provide up to date, accurate information and resources.

“Coming to the support group creates a bond of secured friendship.”

African Service User

“I always have someone to talk to. It feels different from other places. It’s somewhere I look forward to going.”

Children and Families Service User

Below is a summary of the services we offer

- **Short-term Residential Intensive Support**
- **Support Services for all, including specialist services for**
 - Africans
 - Children & Young People
 - Gay Men
 - People affected by Drug Misuse
 - Women
- **Community Projects & Support Services including**
 - Advocacy and Information
 - Arts Project
 - Befriending / Buddying
 - Complementary Therapies
 - Counselling
 - Health Promotion
 - Outreach and Support
 - Spiritual and Pastoral Care
 - Skills and Employment
- **Prevention & Awareness Raising**

Our Partnerships

Waverley Care offers its services in partnership with The City of Edinburgh Council, The Councils of Mid, East and West Lothian, NHS Greater Glasgow and Clyde, NHS Highland, Argyll and Bute, NHS Lanarkshire, NHS Lothian and The Scottish Government.

Services

- Based in Glasgow, the new post of African Buddy Service Co-ordinator was appointed to provide additional support to isolated Africans.
- Positive Scotland Services were launched providing Gay Men's, Employment and Skills and Ageing services. A joint venture with Terrence Higgins Trust, this work was funded for 4 years by the Big Lottery Fund to make a real difference across Scotland.
- Our Hep C Buddy Service was launched. This is our first Hep C specific service and aims to assist people in being ready for treatment and through the treatment process.
- The new post of Positive Self Management Programme Co-ordinator was appointed. The work of this post will aim to improve both the mental and physical health of service users.

Volunteers

- In June 2009 the Waverley Care Hero Award was given to supporter, and long term HIV charity champion, Lisa Vickers.
- Ann Stewart was selected as winner of the 'Commitment' Category from hundreds of nominated volunteers across the capital at the Edinburgh Inspiring Volunteer Awards.

Communication

- We developed our online communications launching on Twitter & Facebook.

Events

- In recognition of our firm relationship and to thank many supporters, we jointly hosted a Downing Street Parliamentary Reception with long term supporters Pleasance Theatre Trust, on Tuesday 12th May.
- In January, the City of Edinburgh Council passed a motion to acknowledge our 21st birthday and our excellent work and achievements.



Sector

- Following input from Waverley Care, the Scottish Government's HIV Action Plan was launched.

Reports

- Annie Lennox launched 'I want to be like the others'; a cross-sector needs assessment of children infected and affected by HIV in Scotland. The report highlighted the needs of children across Scotland and in turn the real need for Waverley Care's work with children and young people.



 **positive**
SCOTLAND

A joint project between Terrence Higgins Trust and Waverley Care

Financial Summary

Waverley Care (a company limited by guarantee)

Summarised Financial Statements

For the year ended 31 March 2010

	2010	2009
Income and Expenditure Account	£	£
Income	2,034,579	1,791,581
Expenditure	(1,803,209)	(1,660,839)
Surplus on Activities for the year	231,370	130,742

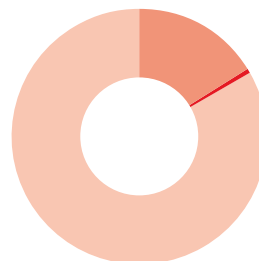
Balance Sheet

Fixed Assets	496,526	62,916
Net Current Assets	768,846	583,095
Pension Liability	(530,000)	(26,000)
Total Assets Less Liabilities	735,372	620,011

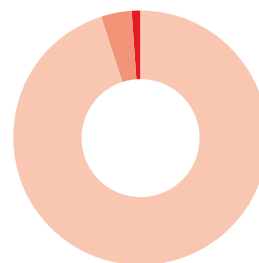
Financed by

Unrestricted Funds		
– General	187,245	118,982
– Pension reserve	(530,000)	(26,000)
– Designated	495,869	429,555
Restricted Funds	184,680	97,474
Capital Reserve	397,578	–
	735,372	620,011

2010 Income	£
Income from Charitable Activities	1,700,909
Voluntary Income	330,338
Investment Income	3,332
Total Income	2,034,579



2009/10 Expenditure	£
Charitable Expenditure	1,775,998
Costs of Generating Funds	75,312
Governance Costs	17,311
Total Expenditure	1,868,621



Accounts audited and approved by Chiene + Tait CA.
A copy of the full accounts is available from
finance@waverleycare.org

Thank you

Our thanks go to everyone who has helped us during the financial year 2009/2010

Abbott Laboratories Limited
The Annie Lennox Foundation
BBC Children in Need
Bearscoats
The Big Lottery Fund
The Bohemians Lyric Opera Company
Cafe Habana
The Cattanach Charitable Trust
The Church of Scotland HIV/AIDS Project
The Courant Fund
CC Blooms
Community of The Transfiguration
Cornerstone Bookshop
Cruden Foundation Limited
Dr Guthrie's Association
Edinburgh Children's Holiday Fund
Edinburgh Diocese of Scottish Episcopal Church
Edinburgh Gay Mens Chorus
Edinburgh International Jazz & Blues Festival
Edinburgh Presbytery of the Church of Scotland
The Edinburgh Playhouse
Edinburgh Students' Charities Appeal
Edinburgh University Footlights
Ernst & Young
Erskine Stewart's Melville Schools
Festival City Theatres Trust
The Gannochy Trust
Gilead Sciences Ltd
Glasgow and Galloway Diocese of the
Scottish Episcopal Church
Harvey Nichols
The Henry Smith Charity
Hilton in the Community Foundation
The Hope Trust
The Inchcape Foundation
The James Farrer Singers

John Watson's Trust
Lloyds Banking Group
Long Term Conditions Alliance Scotland
Loretto School
Loud and Proud
The Luvvies
MAC AIDS Fund
The Mainhouse Charitable Trust
The Margaret Murdoch Charitable Trust
The Martin Connell Charitable Trust
The Moffat Charitable Trust
The Nancie Massey Charitable Trust
Napier Univeristy
New Town Bar
North British Hotel Trust
The Northmoor Trust
Off The Kerb Productions
Paths for All
Pleasance Festival Theatre
Ponton House Trust
Portobello High School
The Royal Caledonian Ball Trust
Sir James Miller Edinburgh Trust
The Sir Jules Thorn Charitable Trust
St Augustine's High School
St Columba's by The Castle
St John The Evangelist
St Paul's & St George's Church 10% Fund
St Peter's Episcopal Church
Stafford Trust
Starbucks
William Grant & Sons Limited

And a big thanks to our many individual donors.

Directors

Ms Shulah Allan
Ms Karen Cairney (resigned 11th May 2010)
Ms Shelley Chan
Dr Karin Froebel
Mr Andrew Marshall-Roberts
Ms Pauline Scott
The Right Reverend Brian Smith
Dr Alison Richardson
(appointed 12th January 2010)
Mr David Taylor MBE
Mr Brian West
Mr Tom Wood QPM (Chair)
Dr Helen Zealley OBE

Patrons

Anthony Alderson
Christopher Bell
Kate Copstick
Bob Chilcott
Sir Tom Farmer CBE KCSG
Alexander McCall Smith
Sheena McDonald
Shirley Manson
Christopher Richardson

The printing of this publication has been supported with an educational grant from Gilead Sciences Ltd

