
Our services

Waverley Care is Scotland's leading charity providing care and support to people affected by HIV and Hepatitis C.

Whether you are living with HIV or Hepatitis C or are the partner or family member of someone affected by these conditions, we have services that can support you and provide up-to-date, accurate information and resources.

Below is a summary of the services we offer:

Short-term Residential Intensive Support

Support Services for all, including specialist services for:

- Africans
- Children and Young People
- Gay Men
- People affected by Drug Misuse
- Women

Community Support and Outreach Services including:

- Advocacy and Information
- Arts Project
- Befriending/Buddying
- Complementary Therapies
- Counselling
- Crusaid Hardship Fund Administration
- Health Promotion
- Outreach and Support
- Skills and Employment
- Spiritual and Pastoral Care

Prevention and Awareness Raising

Contact details

HIV Buddy Service Co-ordinator Edinburgh and the Lothians

Tel: 0131 312 9953

Mob: 07929 132675

Email: buddy@waverleycare.org

Hepatitis C Buddy Service Co-ordinator Edinburgh and the Lothians

Tel: 0131 441 6989

Mob: 07785 774481

Email: hepcbuddy@waverleycare.org

African Health Project Buddy Co-ordinator Glasgow and Lanarkshire

Tel: 0141 333 9393

Mob: 07916 572510

Email: ahpbuddy@waverleycare.org



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Buddy Service

Providing one-to-one support to people in Scotland living with HIV and Hepatitis C



“Having a buddy has been a waft of fresh air in what had become a very stale life”

Waverley Care's Buddy Services

aim to provide dedicated one-to-one support for people living with the blood borne viruses HIV and Hepatitis C.

The service works by Waverley Care introducing a volunteer buddy to an individual who is living with HIV or Hepatitis C. The buddy then meets on a dedicated one-to-one basis with the individual they have been matched with for approximately two hours per week.

Buddies provide support which can be as wide and varied as the needs of each individual and may include:

- meeting for coffee or a meal,
- going shopping,
- going out for a walk,
- attending medical or other appointments,
- making social contacts,
- helping with the demands of daily life.

The Buddy Service has years of experience in bringing people together to form positive relationships that reduce isolation and are a real benefit to people's lives.



Interested in using the service?

If you are living with HIV or Hepatitis C and would like to use the service or would just like to find out more, please contact the relevant Buddy Service Co-ordinator. Contact details are on the back page of this leaflet.

Once you make contact, the Buddy Co-ordinator will arrange a meeting to discuss your needs and what happens next. You will then be matched up with a prospective buddy and progress from there. The service co-ordinator will keep in contact with both you and your buddy on a regular basis to support the relationship and be on hand to answer any questions you may have.

You can make contact with Waverley Care yourself and do not need to be referred by a doctor or other health professional.

Do you want to be a buddy?

If you have two hours or more to spare each week, have some patience, life experience and a good sense of humour we'd love to talk to you. Our service users come from all walks of life and you can expect to gain a wide range of experience in social support whilst working with us.

The range of benefits for Waverley Care volunteers includes full induction training and ongoing supervision and support.

“Volunteering for Waverley Care has enabled me to do a whole range of different activities and the training has been both interesting and valuable in my day to day life”



“Becoming a buddy has opened my eyes and mind up to a whole lot of new ideas about friendships and how we look after them”