

Poz Youth



Supporting children
& young people living
with HIV in Scotland

Poz Youth is for 12–18 year olds who are living with HIV. It's a service that includes a monthly peer support group as well as one-to-one support and a yearly respite holiday.

Poz Youth peer groups give you the opportunity to build lasting friendships, have great experiences that develop confidence and self esteem and talk about stuff that is important to you in a safe and comfortable space. Most of all the group and service will support you to be yourself and gain life skills for a positive future.

The peer support group meets once a month and we do lots of different activities including indoor climbing, trips to the cinema, going for meals and fun and helpful workshops on different topics.

All activities are free and transport to and from the group can be provided if required.

If you'd like to find out more, have a chat with someone or come to a Poz Youth group, just get in touch.

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Waverley Care
making a positive difference



Providing support to people in
Scotland living with HIV or Hepatitis C

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